# Accuracy in Identifying the Source of Subarachnoid Hemorrhage in the Setting of Multiple Intracranial Aneurysms

**BACKGROUND:** Subarachnoid hemorrhage cases with multiple cerebral aneurysms frequently demonstrate a hemorrhage pattern that does not definitively delineate the source aneurysm. In these cases, rupture site is ascertained from angiographic features of the aneurysm such as size, morphology, and location.

**OBJECTIVE:** To examine the frequency with which such features lead to misidentification of the ruptured aneurysm.

**METHODS** : Records of patients who underwent surgical clipping of a ruptured aneurysm at our institution between 2004 and 2014 and had multiple aneurysms were retrospectively reviewed. A blinded neuroendovascular surgeon provided the rupture source based on the initial head computed tomography scans and digital subtraction angiography images. Operative reports were then assessed to confirm or refute the imaging-based determination of the rupture source.

**RESULTS:** One hundred fifty-one patients had multiple aneurysms. Seventy-one patients had definitive hemorrhage patterns on initial computed tomography scans and 80 patients had nondefinitive hemorrhage patterns. Thirteen (16.2%) of the cases with nondefinitive hemorrhage patterns had discordance between the imaging-based determination of the rupture source and intraoperative findings of the true ruptured aneurysm, yielding an imperfect positive predictive value of 83.8%. Of all multiple aneurysm cases with subarachnoid hemorrhage treated by surgical or endovascular means at our institution, 4.3% (13 of 303) were misidentified.

**CONCLUSION:** Morphological features cannot reliably be used to determine rupture site in cases with nondefinitive subarachnoid hemorrhage patterns. Microsurgical clipping, confirming obliteration of the ruptured lesion, may be preferentially indicated in these patients unless, alternatively, all lesions can be contemporaneously and safely treated with endovascular embolization.

KEY WORDS: Cerebral aneurysm, Multiple, Rupture, Subarachnoid hemorrhage

Neurosurgery 83:62–68, 2018	DOI:10.1093/neuros/nyx339	www.neurosurgery-online.com

ntracranial aneurysms are present in approximately 2% to 3% of the population<sup>1,2</sup> and rupture leads to subarachnoid hemorrhage (SAH), with significant morbidity and mortality. Determining the source of rupture in the patient with SAH is imperative in

ABBREVIATIONS: CT, computed tomography; DSA, digital subtraction angiography; IRB, Institutional Review Board; MCA, middle cerebral artery; MRI, magnetic resonance imaging; SAH, subarachnoid hemorrhage order to provide expedient surgical or endovascular treatment and avoid rebleeding. This determination can be more challenging when multiple intracranial aneurysms are present, as seen in 10.7% to 26.4% of patients.<sup>1,3-5</sup> In this setting, the hemorrhage pattern is generally the primary indicator of the ruptured lesion. When the pattern is not definitive, however, rupture site determination typically relies on angiographic features of the aneurysm such as size, morphology, and location. In this study, we examined the frequency with which such features lead to misidentification of the ruptured lesion,

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**Received,** November 1, 2016. **Accepted,** May 16, 2017. **Published Online,** June 26, 2017.

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FIGURE 1. Examples of definitive SAH patterns. A, Case of ruptured anterior communicating artery aneurysm with B, incidental left MCA aneurysm. C, Definitive case of ruptured basilar tip aneurysm and D, incidental right A1 aneurysm. E, Case of ruptured left vertebral artery aneurysm with F, incidental right posterior communicating artery aneurysm.

subsequently determined at the time of open microsurgical treatment.

# **METHODS**

Institutional Review Board (IRB) approval was obtained; informed consent was waived by the IRB as this study was comprised of retrospective medical chart review and analysis of existing data. SAH cases that proceeded to craniotomy between January 1, 2004 and August 15, 2014 were reviewed retrospectively, and cases with multiple intracranial aneurysms were identified. The original determination of suspected rupture source was identified as documented in the clinical records at the time of presentation. In addition to the historical determination based on records, the initial head computed tomography (CT) scans and digital subtraction angiography (DSA) images were reviewed by a neuroendovascular surgeon (A.A.) blinded to the surgical findings but aware of aneurysm locations, and the pattern of hemorrhage was designated as "definitive" or "nondefinitive" for source aneurysm. Definitive bleed pattern was defined as that which was clearly lateralizing or of a location or pattern specific to a particular aneurysm type, ie, interhemispheric predominance in a patient with only 1 anterior cerebral artery territory aneurysm, or predominantly right sided if only 1 aneurysm was located on the right (Figure 1). In those with "nondefinitive" hemorrhage patterns, the blinded reviewer provided their best determination of the rupture source using the combination of angiographic features and CT scan findings. Operative reports were then reviewed to confirm or refute the imaging-based determination of the rupture source.

# RESULTS

## **Patient Characteristics**

Five hundred thirty-one cases of aneurysmal SAH subsequently treated microsurgically were identified in the selected 10-yr time frame. Three hundred fifty-five were women (66.9%). One hundred fifty-one had multiple aneurysms found on initial imaging, with a female predominance (81.5%) and a mean of 3.4 (median of 2) aneurysms (range 2-10). A summary of all of the cases is provided in Table 1.

TABLE 1. Summary of All Cases								
		Correct site	Incorrect site					
Clipped aneurysms								
Total (n)	531							
Multiple aneurysms (n)	151							
Nondefinitive pattern (n)	80	67	13					
Definitive pattern (n)	71	71	0					
Coiled aneurysms								
Total (n)	494							
Multiple aneurysms (n)	152							
Single aneurysms (n)	342							

## **Correctly Identified Cases**

Of the multiple aneurysm patients, 80 (53%) had nondefinitive hemorrhage patterns on initial CT scan. Of the 71 with definitive bleed patterns, all had the suspected rupture site confirmed to be accurate at the time of surgery. All of the determinations of rupture site by the blinded reviewer agreed with historical determinations from the records, in these definitive bleed pattern cases.

## **Misidentified Cases**

On the other hand, 13 (16.2%) of the cases with nondefinitive hemorrhage patterns on CT had discordance between the intraoperative findings of the true ruptured aneurysm and the suspected rupture source by either the blinded reviewer (n = 3), original historical determination (n = 2), or both (n = 8; Table 2; Figure 2). This yields a positive predictive value of 83.8% in accurately identifying the true source of rupture based on imaging data. Considering only the historical determination of rupture site yields a positive predictive value for accurate identification of the rupture site of 88% (70/80); considering only the blinded review reveals a similar positive predictive value of 86% (69/80).

#### **Illustrative Case**

Patient 1 was a 56-yr-old female presenting with Hunt–Hess IV SAH. Her CT showed a diffuse pattern of SAH, and a right frontal ventriculostomy was placed. She was found on initial DSA to have a 2.5-mm right middle cerebral artery (MCA) aneurysm and a 4 mm  $\times$  2.5 mm anterior communicating artery aneurysm (see patient 1 in Table 2 and Figure 2). Due to the location, larger size, and dome irregularity, the anterior communicating artery aneurysm was thought to be the source of hemorrhage. However, the initial hemorrhage pattern had a slightly right-sided dominant hemorrhage pattern and, due to the relative uncertainty, microsurgical clipping was planned in order to treat both aneurysms via a right-sided approach.

The patient was consented for the procedure and a standard pterional craniotomy was performed, and the MCA aneurysm was visualized first due to splitting of the Sylvian fissure in approach to the anterior communicating artery aneurysm. There was SAH evident around the area and fibrin clot adjacent and adherent to the aneurysm itself, especially at the dome, consistent with the MCA aneurysm being the true source of hemorrhage. This aneurysm was clipped first, and the approach was continued to dissect and clip the anterior communicating aneurysm as well, which showed no evidence of rupture. The patient recovered well overall and has since undergone follow-up DSA demonstrating good obliteration of both aneurysms.

# DISCUSSION

Multiple aneurysms are not uncommon, and represented 28.4% of our surgically treated SAH cohort. Definitive treatment of the rupture source is the priority. In our series, a definitive pattern of hemorrhage clearly lateralizing or confined to an aneurysm site was highly accurate in correct identification of the rupture source. However, there was a notable inaccuracy (16.2%) in those cases with nondefinitive bleed patterns. These include a diffuse and symmetric SAH distribution, or simply a localized pattern, but with multiple aneurysms in that particular area, such as adjacent posterior communicating artery and anterior choroidal aneurysms, or multiple anterior cerebral artery aneurysms with an interhemispheric pattern of blood.

Morphological features can be used to judge certain aneurysms as being more at risk for hemorrhage, such as size, secondary dilatations, and irregular contours.<sup>2,6-8</sup> Backes et al<sup>2</sup> demonstrated that aspect ratio rather than size was most important in their series as correlating with rupture.<sup>2</sup> Our data, however, reveal that despite consideration of morphological variables, the source of rupture can be misidentified in a substantial minority of cases. Even taken as a percentage of all the multiple aneurysms, 8.6% (13 of 151) were incorrectly assigned based on imaging review alone.

Recent reports indicate that specific magnetic resonance imaging (MRI) sequences can distinguish which of multiple aneurysms is the site of rupture. These include vessel wall imaging using contrast,<sup>9</sup> susceptibility weighted imaging,<sup>10</sup> or black blood sequences.<sup>11</sup> However, the reliability of such imaging is not certain. Studies of aneurysm wall enhancement, for example, have demonstrated that, although the incidence of enhancement was higher in ruptured aneurysms, up to 28.5% of stable unruptured aneurysms also demonstrate enhancement features.<sup>12,13</sup>

In the setting of SAH and multiple aneurysms, treatment of coincident unruptured lesions is also potentially desirable given natural history data demonstrating higher future rupture risk in the setting of prior SAH.<sup>14,15</sup> Some small aneurysms, depending on patient and location factors, may be observed and some authors would especially recommend conservative management of unruptured aneurysms in elderly patients  $\geq 65$  yr old.<sup>16</sup> However, Chien et al<sup>17</sup> demonstrated that multiple aneurysms are more likely to grow over time, especially posterior circulation aneurysms. Huhtakangas et al<sup>18</sup> also demonstrated excess long-term mortality in SAH survivors after their initial recovery

TABLE 2. Misidentified cases: patient demographics and aneurysm characteristics									
Patient	Age (years)	Number of aneurysms	Aneurysm locations	Morphology features <sup>a</sup>	Suspected location	Suspected aneurysm size (mm)	True source	True source size (mm)	
1	56	2	R MCA bifurcation ACoA	Shape Second dilatation	ACoA	4	R MCA bifurcation	2.5	
2	36	2	R MCA bifurcation L ICA terminus	Location	R MCA bifurcation	2.5	L ICA terminus	1.5	
3	49	2	R M1 R MCA bifurcation	Size Shape	R M1	5	R MCA bifurcation	3	
4	32	2	R MCA bifurcation ACoA	Size Second dilatation	ACoA	9	R MCA bifurcation	6	
5	41	9	R ICA cavernous R ophthalmic R M1 ACoA L ICA paraclinoid L AChA L M1 L MCA bifurcation L SCA	Size Shape	L ICA paraclinoid	10	ACoA	2.8	
6	51	4	R MCA bifurcation ACoA L M1 L MCA bifurcation	Location	ΑСοΑ	3.5	R MCA bifurcation	4	
7	35	2	R ophthalmic L ICA paraclinoid	Location	R ophthalmic	3	L ICA paraclinoid	7.6	
8	46	5	R AChA R ICA terminus ACoA L PCoA L paraophthalmic	Size	L paraophthalmic	12	ACoA	7	
9	50	3	R ICA terminus R MCA bifurcation L MCA bifurcation	Shape	R ICA terminus	3.5	R MCA bifurcation	2.5	
10	46	6	R ICA terminus R ICA paraclinoid R MCA bifurcation L ICA terminus L PCoA L ICA paraclinoid	Size	L ICA terminus recurrence (previously coiled)	2	L PCoA	2	
11	62	3	R A1-A2 R pericallosal L callosomarginal	Size	L callosomarginal	4	R pericallosal	3	
12	38	2	R PCoA L ICA terminus	Second dilatation	L ICA terminus	4.5	R PCoA	6.5	
13	69	3	R MCA bifurcation ACoA L SCA	Location Size Shape	L SCA	5	ACoA	4	

<sup>a</sup>Aneurysm features that influenced the suspected location.

R, right; L, left; ACoA, anterior communicating artery; MCA, middle cerebral artery; ICA, internal carotid artery; AChA, anterior choroidal artery; SCA, superior cerebellar artery; PCoA, posterior communicating artery.

compared to the general population, with the highest mortality in those with multiple aneurysms.

The timing of the treatment for coincident lesions can be debated. As far as surgical treatment, Nemoto et al<sup>19</sup> demon-

strated that multiple surgical approaches during the acute stage after SAH lead to poorer outcomes. Alternatively, however, multiple aneurysms have been shown to be effectively treated in the initial surgery through the same approach<sup>20-29</sup> including



bilateral aneurysms. Mizoi et al<sup>22</sup> demonstrated complete treatment of all aneurysms in 91% of those with unilateral anterior circulation aneurysms, 62% with bilateral anterior circulation aneurysms, and 42% of those with anterior and posterior circulation aneurysms. There are also reports of endovascularly treating all aneurysms found in the acute setting, but complications are reported as 6.6% to 11%.<sup>4,26</sup> Furthermore, the use of adjunctive stenting may be required in as many as 65.1% of cases<sup>4</sup> to accomplish obliteration of all lesions, but is undesirable given the high reported complication rates in the setting of acute SAH.<sup>30</sup>

Treatment of unruptured lesions is often delayed until the acute SAH has resolved and the patient is beyond the recovery phase from the ictus. The safety of delayed treatment for coincident unruptured lesions including administering hypertensive therapy for management of vasospasm in this setting is now well documented.<sup>31-33</sup> However, this presumes that the rupture source has been correctly identified and definitively treated. In the series of 249 patients published by Reynolds et al,<sup>31</sup> 2 patients with coincident aneurysms suffered rehemorrhage during their hospital course, 1 in the setting of induced hypertension and the other without. Both cases, however, had initially been treated with coil embolization, raising the distinct possibility that the initial endovascular treatment had not targeted the rupture source. Not surprisingly, reports confirm that misdiagnosis of rupture site leads to a poorer outcome.<sup>19,34</sup>

In light of the uncertainty for rupture site, it would be appropriate to consider multiple aneurysms presenting with nondefinitive hemorrhage patterns as an indication for open microsurgical clipping whereby direct visualization can confirm the source aneurysm, as judged by the presence of adherent clot, fibrin, or rupture during manipulation.

## Limitations

This study is limited by its single-center and retrospective nature. We attempted to reduce bias by blinding the reviewer to the eventual determination of rupture site. However, the determination of whether the bleed pattern was "definitive" or not, and the decision as to the most likely source for hemorrhage, is subjective by nature although educated and influenced by the extensive experience of the reviewer and treating clinicians. During the same timeframe as the described cohort, there were additional patients with multiple aneurysms treated by endovascular means: 152 cases with multiple aneurysms out of 494 total ruptured aneurysms treated endovascularly. Our typical decision making regarding ruptured aneurysms is a "coil-first" policy predicated primarily on likelihood of definitive obliteration of the lesion with simple or balloon-assisted coiling, and factoring in age, location, and patient condition; patients with higher uncertainty regarding rupture site are likely to have preferentially undergone microsurgical clipping, and thus the percentage of misidentification found in our surgical cohort may be inflated. Nonetheless, the absolute number of 13 cases verified to be misidentified a

priori to treatment is still significant and comprises 4.3% (13 of 303) of all multiple aneurysm cases with SAH treated at our institution.

# CONCLUSION

SAH cases with multiple aneurysms frequently demonstrate a hemorrhage pattern that does not definitively delineate the source aneurysm. Morphological features cannot reliably be used to determine rupture site in these cases. Microsurgical clipping, confirming obliteration of the ruptured lesion, may be preferentially warranted in this setting, unless alternatively, all lesions can be contemporaneously and safely treated with endovascular embolization.

#### Disclosures

Dr Alaraj has a research grant from NIC and is a consultant for Cordis-Codman. Dr Aletich has a research grant from Micrus and is a consultant for Cordis-Codman. Dr Charbel has ownership interest in VasSol Inc and is a consultant for Transonic. The authors have no personal, financial, or institutional interest in any of the drugs, materials, or devices described in this article.

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#### Acknowledgment

The authors would like to thank Ms Christa Wellman for her help with the graphics.

# COMMENT

The authors describe a cohort of patients who underwent surgery for subarachnoid hemorrhage at their institution over a 10-year

interval. They found that 151 patients had multiple aneurysms. Seventyone of these patients had definitive hemorrhage patterns on initial computed tomography scans and 80 patients had non-definitive hemorrhage patterns. In 13 (16.2%) of the cases with non-definitive hemorrhage patterns, there was discordance between the image space determination of the rupture source and intraoperative findings of the true ruptured aneurysm. They found that 13 of 303 patients treated surgically or with endovascular techniques had a misidentified source of hemorrhage, giving an overall rate of 4.3% (13 of 303). As demonstrated by the authors and observed by others, the source of hemorrhage in patients with multiple aneurysms can be elusive. The obvious concern is that patients treated with endovascular techniques without direct surgical visualization of the lesion would be at higher risk for obliteration of the offending lesion. This fact met strong consideration in patients with non-definitive hemorrhage patterns and an aggressive approach to complete surgical or endovascular obliteration of all lesions in these patients. This manuscript strongly reiterates this point. The authors are to be commended.

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